

Simplicity

Simplicity is the key to peaceful existence. The joy of living is in being contented with what you have. When you load your life with the unwanted things just to gratify the desires and greed of your ego, you start to invite trouble. Your mind becomes obsessed with materialism, and this leads to complexities that can rob you of your inner peace and happiness. Nothing in the world, then, can make you richer at heart and in spirit. Your soul rests impoverished for lack of peace and love. This serves no purpose in fulfilling your divine goal of learning to overcome all temptations and to gain mastery over the self. You need to develop a strong will power against the things of the world and the forces of materialism. Use your inherent powers to kill any wrong desire, and replace these with the new empowering ones. Your spiritual development is hinged on your victory over sense attractions. Your health and sanity lies in the building up of a strong character that is free from all obsessions, greed and avarice. Go for the things that give you a deeper sense of fulfillment in life.